

SOUTH SIDE YOUTH ORGANIZATION SOCCER RULES – 2026

The South Side Youth Organization will follow Minnesota High School League rules with the following exceptions:

Varsity – Eleven (11) Players

1. Time: Two – 30 minute halves
5 minutes between halves
2. Varsity teams use a Size 5 ball.
3. There will be one (1) referee per game. Parents or players will be used for linespeople.
4. Shin Guards covered by socks are required for ALL players.

SPECIAL NOTE:

If any team cannot field a team of 11 players, game may be played 9 vs 9. Size of field will not change.

Cub – Eight (8) Players

1. Time: Two – 25 minute halves.
5 minutes between halves.
2. Cub teams use Size 4 ball.
3. There will be one (1) referee per game. Parents or players will be used for linespeople.
4. Shin Guards covered by socks are required by ALL players.
5. Cub soccer field should be made narrower by 10 yards and should be marked with cones or lines.

6. “Heading” the ball is NOT allowed in Cub soccer.

COACHES

Only two coaches are allowed on the bench during games. A third person may be on the bench as scorekeeper for the team but he/she is not allowed to participate in coaching.